

## Cauliflower—Cottage Cheese Salad



### Ingredients

1/2 head of cauliflower

1/2 red bell pepper

1/2 yellow or orange bell pepper

Handful of snap peas

Handful of grated carrot

1 24 oz. container fat-free or low-fat cottage cheese

### Directions

Cut all veggies into bite-sized pieces and mix together in a large bowl.

Stir in the cottage cheese.

Serve in a nice bright colored bowl!

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